

Utilizing Randomization, Backfill and Expansion Cohorts to Gain Greater Understanding in Phase I trials

Alexia Iasonos, PhD, FASCO, FSCT
Attending Biostatistician
Director Clinical Research Development ,
Memorial Sloan Kettering Cancer Center, NY, USA

Journal Clinical Oncology, Deputy Editor
Society for Clinical Trials, President

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Disclosure Information

Alexia Iasonos

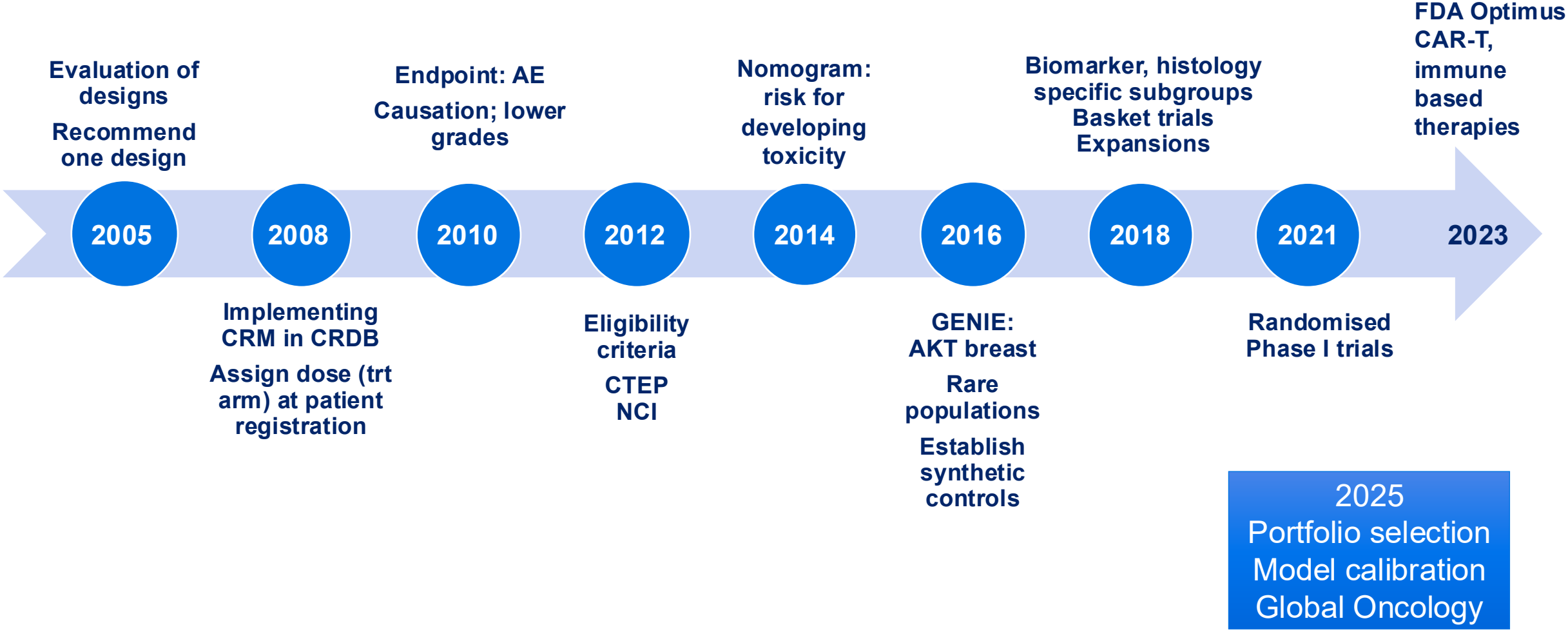
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REVIEW ARTICLE

Randomised Phase 1 clinical trials in oncology

Alexia Iasonos¹ and John O'Quigley²

The aims of Phase 1 trials in oncology have broadened considerably from simply demonstrating that the agent/regimen of interest is well tolerated in a relatively heterogeneous patient population to addressing multiple objectives under the heading of early-phase trials and, if possible, obtaining reliable evidence regarding clinical activity to lead to drug approvals via the Accelerated Approval approach or Breakthrough Therapy designation in cases where the tumours are rare, prognosis is poor or where there might be an unmet therapeutic need. Constructing a Phase 1 design that can address multiple objectives within the context of a single trial is not simple. Randomisation can play an important role, but carrying out such randomisation according to the principles of equipoise is a significant challenge in the Phase 1 setting. If the emerging data are not sufficient to definitively address the aims early on, then a proper design can reduce biases, enhance interpretability, and maximise information so that the Phase 1 data can be more compelling. This article outlines objectives and design considerations that need to be adhered to in order to respect ethical and scientific principles required for research in human subjects in early phase clinical trials.

British Journal of Cancer (2021) 125:920–926; <https://doi.org/10.1038/s41416-021-01412-y>

Professor John O'Quigley
University College London

Matthieu Clertant, PhD
Sorbonne University, Paris

Hakim Moulay- Dehbi, PhD, UCL

Optimizing dosages for oncology drug products: approaches to select dosages for clinical trials

CLINICAL CANCER RESEARCH

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Abstract

PERSPECTIVES IN REGULATORY SCIENCE AND POLICY | OCTOBER 02 2025

FDA-AACR Strategies for Optimizing Dosages for Oncology Drug Products: Early Phase Trials Using Innovative Trial Designs and Biomarkers






Olanrewaju O. Okusanya ; Gabriela I. Patilea-Vrana ; Anthony Sireci ; Alexia Iasonos ; Brad A. Davidson ; Jiang Liu ; Stacy S. Shord ; Patricia M. LoRusso ; Timothy A. Yap  



+ Author & Article Information

Clin Cancer Res (2025)

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Abstract

Dosage selection for oncology drugs has traditionally relied on initial dose-finding trials to determine a maximum tolerated dose (MTD), which is then further evaluated in approval-supporting registrational trials. While this approach may have established optimized dosages for cytotoxic chemotherapeutics, many modern oncology drugs developed through this approach have been poorly optimized, requiring additional dosage optimization efforts in the post-market setting. Recent initiatives of the U.S. Food and Drug Administration outline the unsustainability of this approach, instead recommending the identification of a potentially optimized dosage at earlier stages through direct comparison of multiple dosages before marketing application submission. The selection of dosages for further investigation outside of the MTD requires fit-for-purpose techniques that address the specific promises and concerns of the drug under investigation. Although such strategies have been developed, they are currently rarely applied in favor of the MTD

FDA AACR Public workshop 2024

Objectives of early phase trials

1. How do we define a successful trial?
2. What are the ethical constraints?
3. What is the optimal design?

Trial concept

Whom to treat?	Patient population
When to treat?	Eligibility
How are we going to treat?	Treatment

➡ Measurable endpoint

➡ Design's objectives

A successful trial

- Scientifically rigorous
- Maximizes information -no information wasted, timely design, efficient, feasible
- Adheres to ethical principles
 - Cannot expose too many patients to futile drugs
 - Cannot under-dose or over-dose

Research or state of the art, best treatment care?

“..... something is either research or standard care; it cannot be both”
(Miller and Rosenstein, NEJM 348: 2003)

Versus

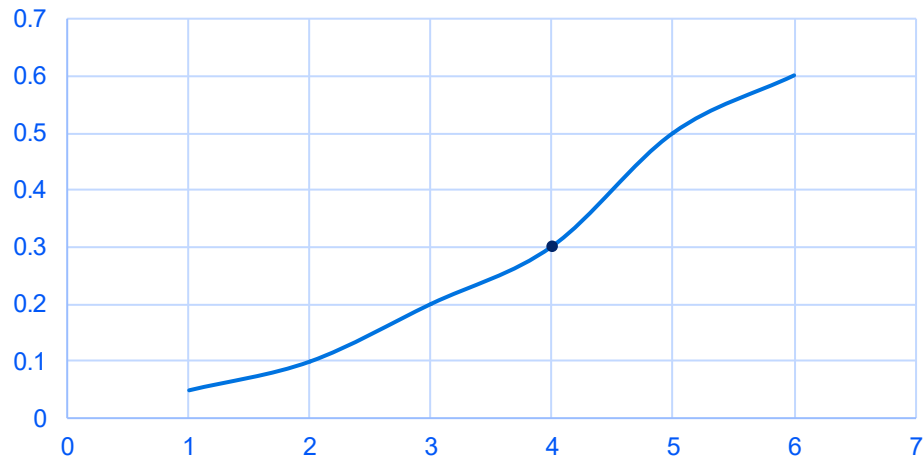
“Enrollment on an investigational study is state-of-the-art care for many patients in oncology today” (ASCO, NCCN, advocacy organizations, etc.)

Much of the treatment-related research we do is performed in a care-delivery context with characteristics of both care and research.

New therapies – new ways of dosing

Chemotherapy
More is better

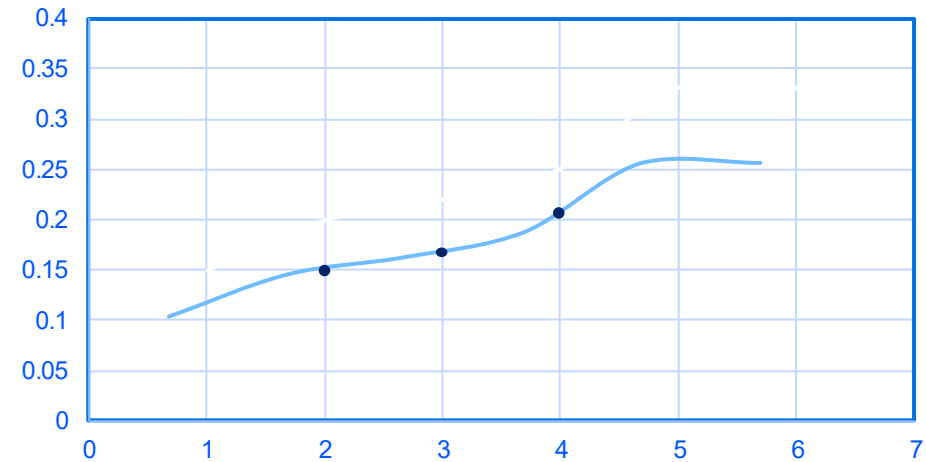
Safety curve



Dose escalation
Dose elimination
Find a Single dose MTD

New mechanisms of action
Less is more

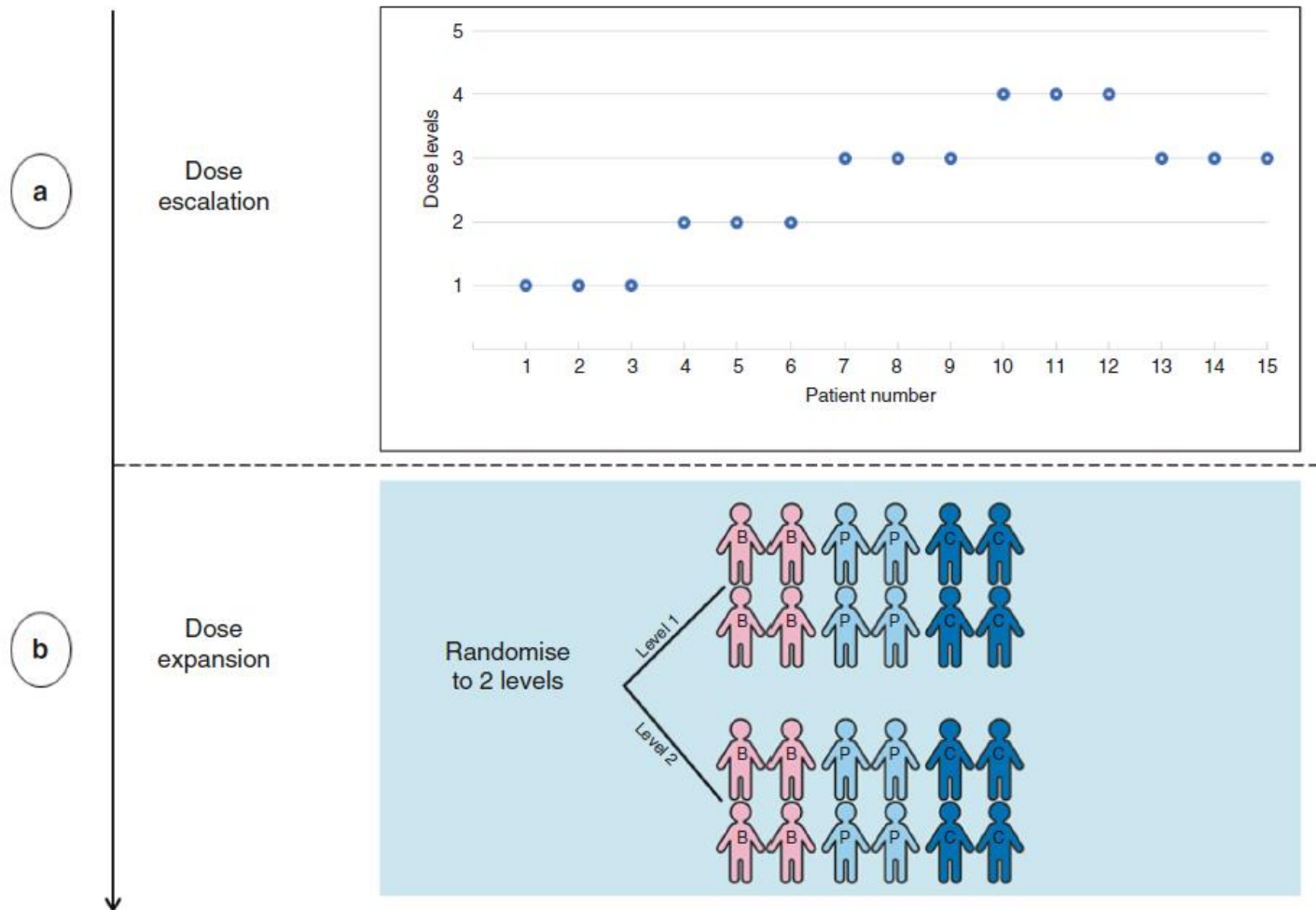
Efficacy curve



Dose ranging
Dose exploration
More than 1 dose

Controlled backfill, Hakim Dehbi et al 2022, 2023

Randomized expansion cohort



- 2-step approach
 - Dose escalation first
 - Dose expansion via randomization afterwards
- Limitation: focus on 2 dose levels chosen in escalation phase/part

Iasonos, A., O'Quigley, J. Randomised Phase 1 clinical trials in oncology. *Br J Cancer* **125**, 920–926 (2021).

Fig. 1 Dose escalation (carried out in cohorts of 3 patients) followed sequentially by dose expansion after the maximum-tolerated dose (MTD) has been determined. Dose expansion randomises subjects equally to two dose levels in molecular- or disease-specific patient populations (denoted by B: breast, P: prostate and C: colon cancer). **a** shows the dose escalation. **b** shows the dose expansion.

Backfill cohorts

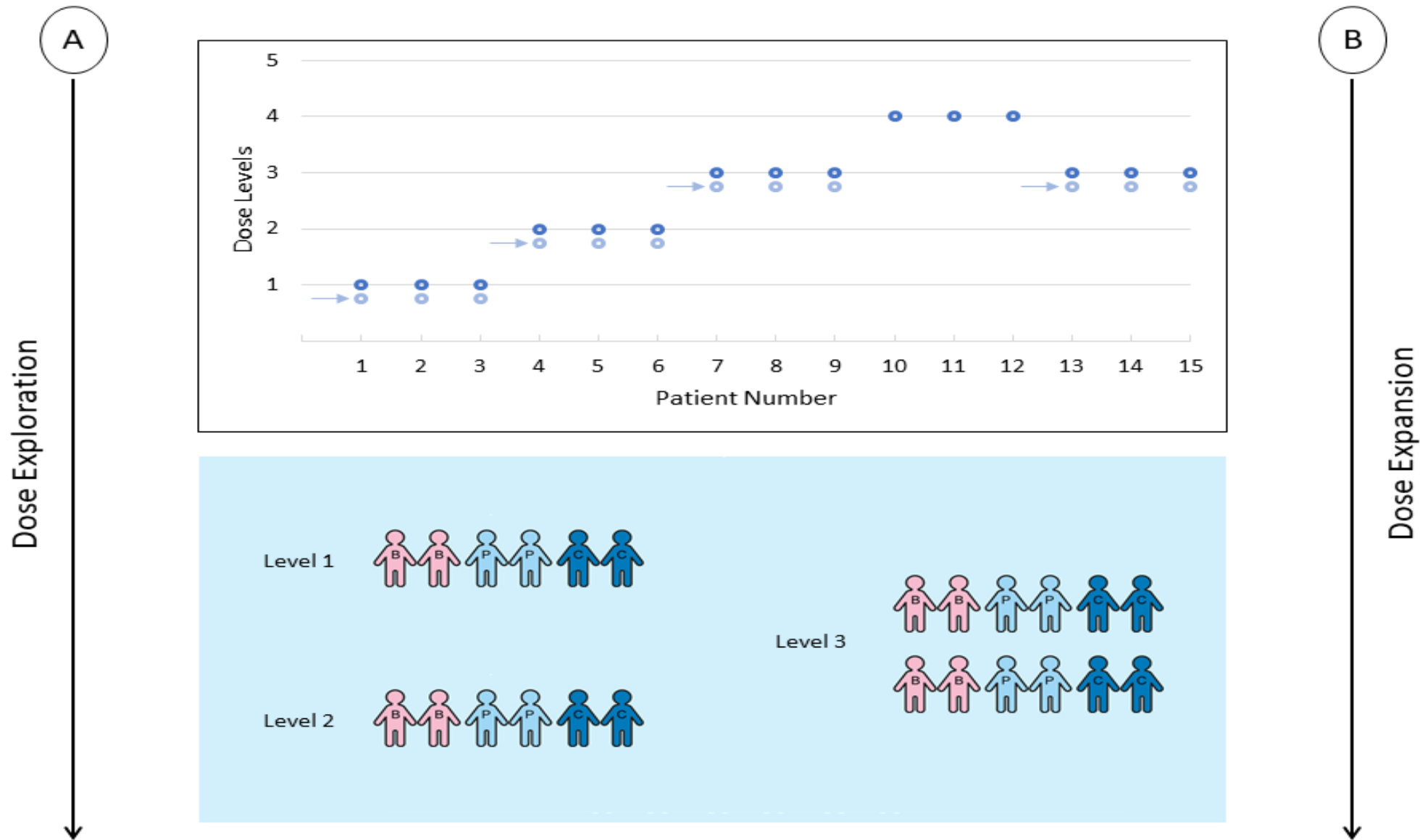


Figure 2. Simultaneous dose exploration

Design 1 Simple dose escalation

1. Identify the MTD and establish the safety profile in a heterogenous patient population (safety only)

Design 2 Dose escalation + dose expansion

1. Identify the MTD in a heterogenous patient population (dose escalation; safety)

2. Identify whether the drug shows promising efficacy and in which disease groups (DEC)

3. Identify the appropriate patient population for drug development (DEC and dose escalation)

Design 3 Dose escalation + dose expansion or backfill **Amplification**

1. Identify the MTD in a heterogenous patient population (dose escalation)

2. Identify whether the drug shows promising efficacy and in which disease groups (DEC; efficacy)

3. Assess whether the drug works uniformly or whether there are differences in response within subgroups (disease heterogeneity and drug activity)

4. Identify patient populations, dose and treatment schedule

5. Identify which drugs need to be eliminated early because they are ineffective and which drugs to take forward because of promising activity (DEC and dose escalation)

How many patients?

How many dose levels? How many patients per dose level?

Patient heterogeneity:

- Disease (e.g. melanoma, gynecological, breast) – dose escalation
- Dose (3 levels) - backfill in heterogeneous groups
- Efficacy: disease specific or marker specific cohorts (dose expansion)

Subgroups become small very fast 18 subgroups times 20 pts = 360;

How do we determine the total sample size given that, per dose level n is still underpowered to address the question(s) of interest?

Patient heterogeneity and sample size

The answer is on the number of questions being addressed

Hierarchy in the questions

- Primary
- Secondary
- Exploratory

Collect rigorous data to understand

- why it failed
- where it is working, where it is not going to work

Move the field forward -inform next study

Eliminate systematic biases (randomization)

Role of randomization in phase I trials

Eligibility criteria define the patient population only up to known risk factors

To balance the patient population with respect to

- Comorbidities
- Prior treatment
- Advanced disease
- Factors not controlled by eligibility criteria
 - Risk factors that remain unknown
 - Patient population may be different due to these unknown factors
 - At the conclusion of the study, a higher efficacy in one cohort could be
 - a function of the treatment or the differences in patient populations?

Randomize or not

Pros:

- With a randomized design have a concurrent comparison group
- Uniform evaluation criteria - controlled eligibility criteria
- Risk factors (known and unknown) tend to be balanced between treatment groups
- Can be used to evaluate additional questions: e.g. biomarkers, PK/PD

Cons

- Are there sufficient resources?
- What is the anticipated accrual/ duration?
- Does it increase the total sample size?

Stop a futile drug (dose) early or Expand a safe/active drug to more patients

Probabilistic statements in clinical trials

Probabilistic estimates of getting the correct answer

- Phase III setting: getting the right drug (power)
- Phase I setting: getting the right dose or dose levels (or schedule)

Stopping rules decrease the total N

- Savings seem small (3-6 patients), it allows allocating resources elsewhere:
 - End the trial one year earlier or expand another dose level
 - Compare PK/PD in another cohort of 6 patients

Clinical Impact: Many drugs to choose from, what is next?

Dynamic Stopping Rules

1. **Posterior Probability**; Iasonos and O'Quigley (2016)
2. **Tree-based evaluation**; O'Quigley and Reiner (1998)
3. **Allocation**; Goodman et al (1995)

Original Research Article



Stopping rules for phase I clinical trials with dose expansion cohorts

Sean M Devlin¹ , Alexia Iasonos¹, and John O'Quigley²

Statistical Methods in Medical Research

1–13

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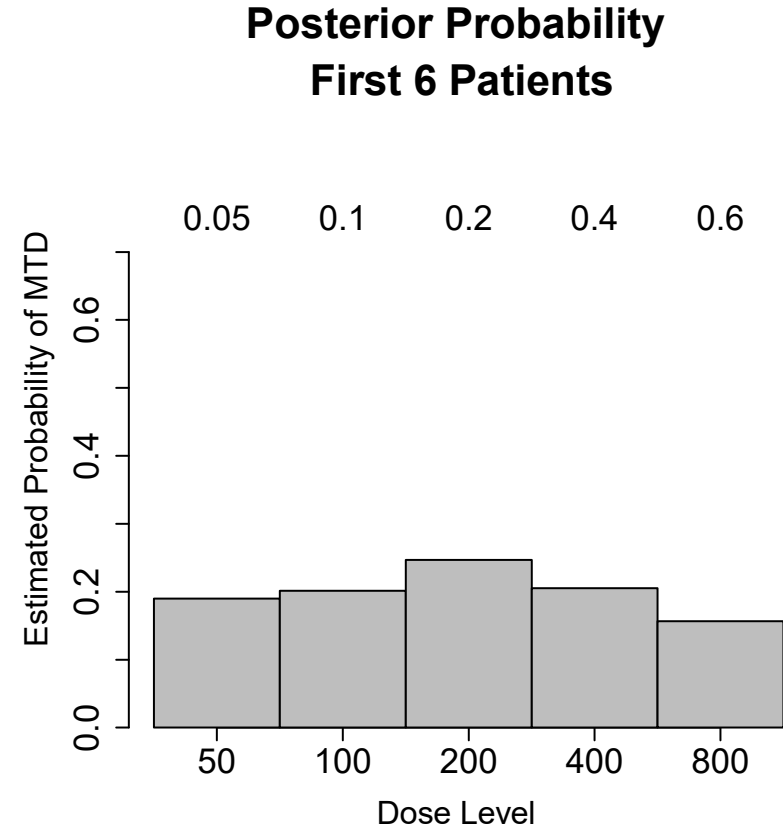
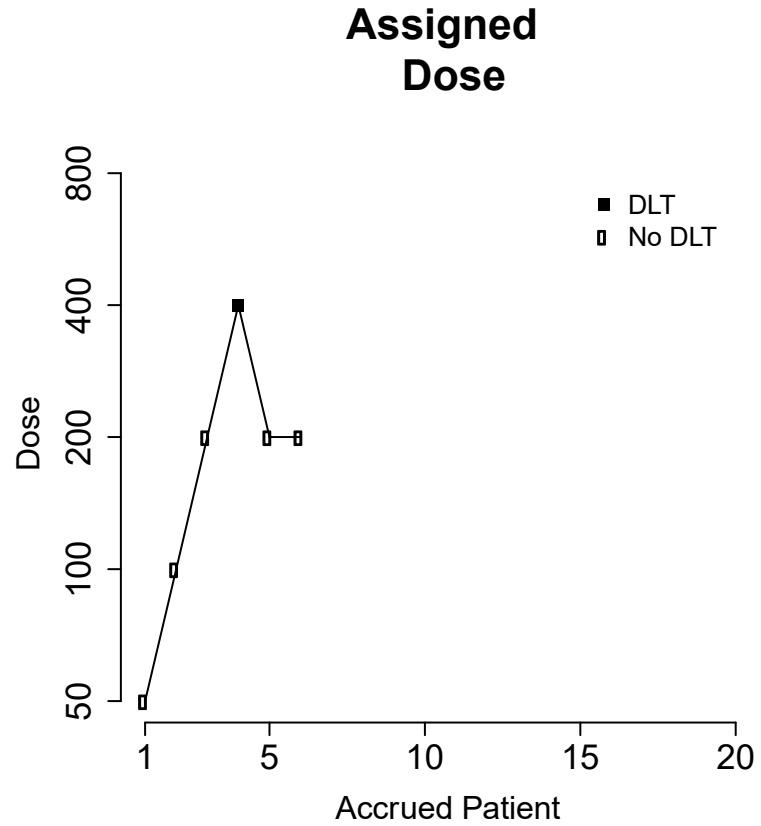
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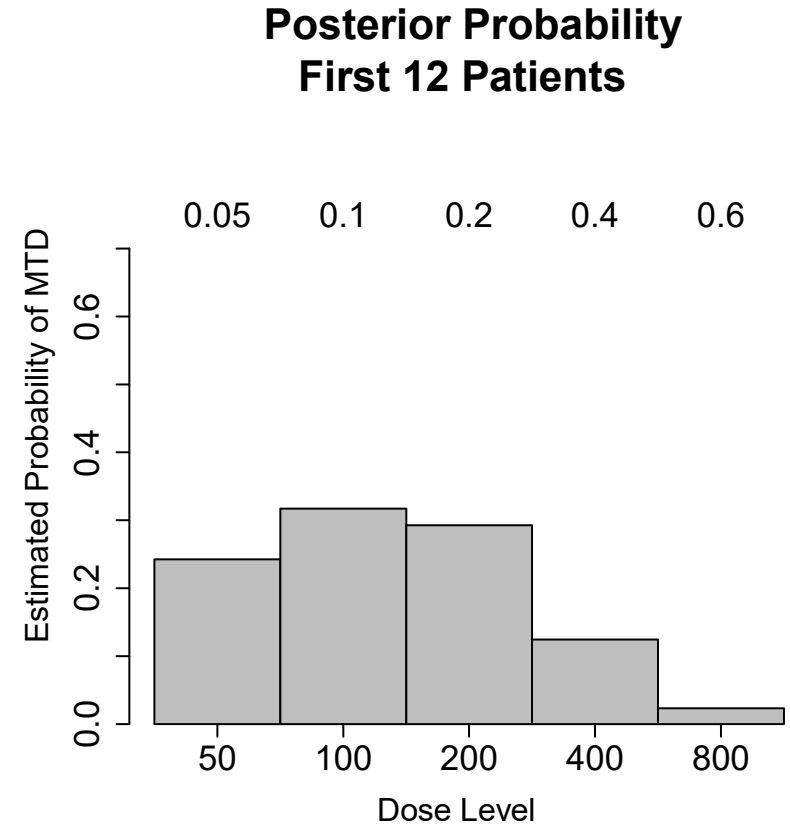
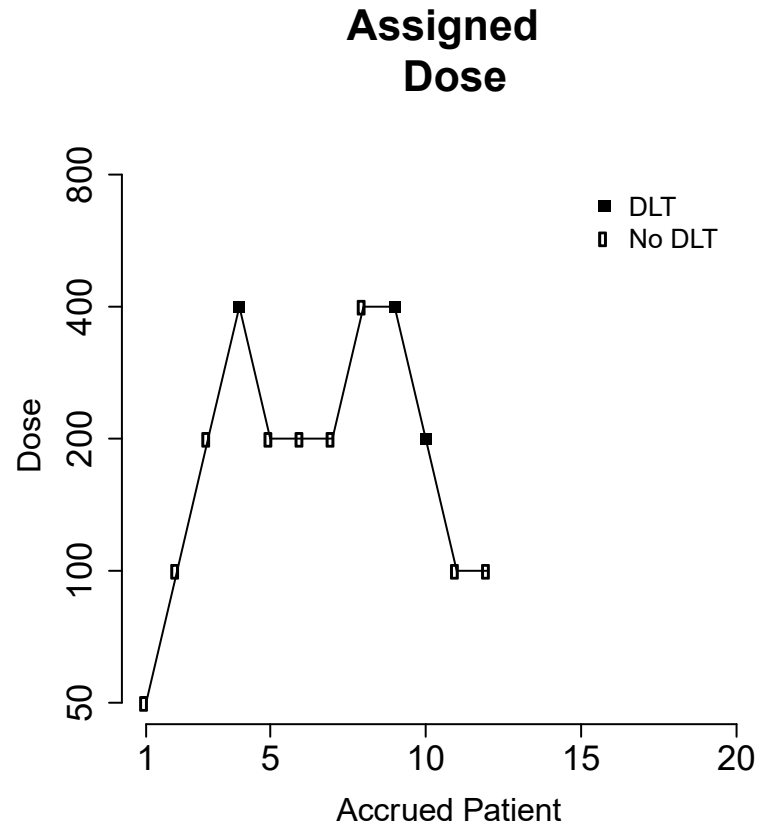
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Posterior Probability Rules

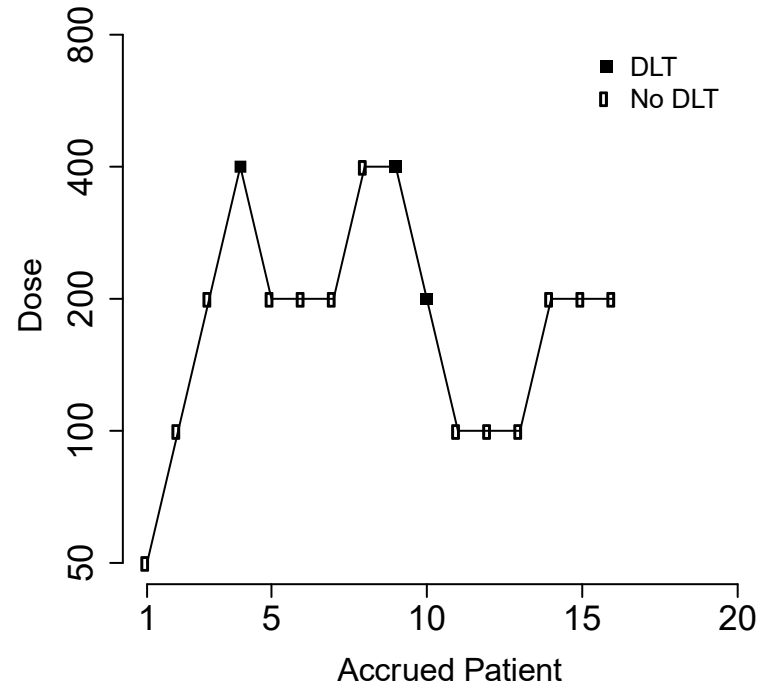


Posterior Probability Rules

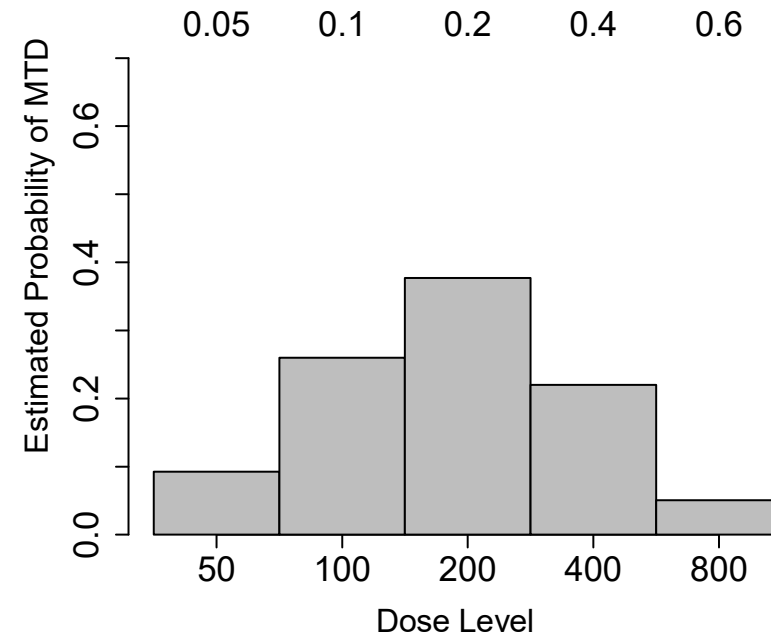


Posterior Probability Rules

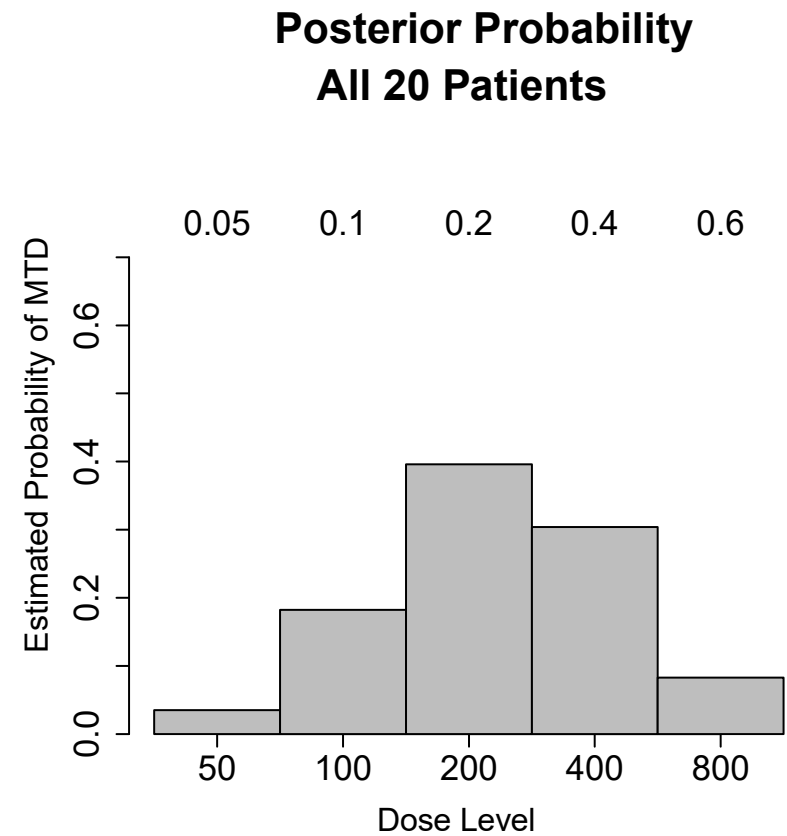
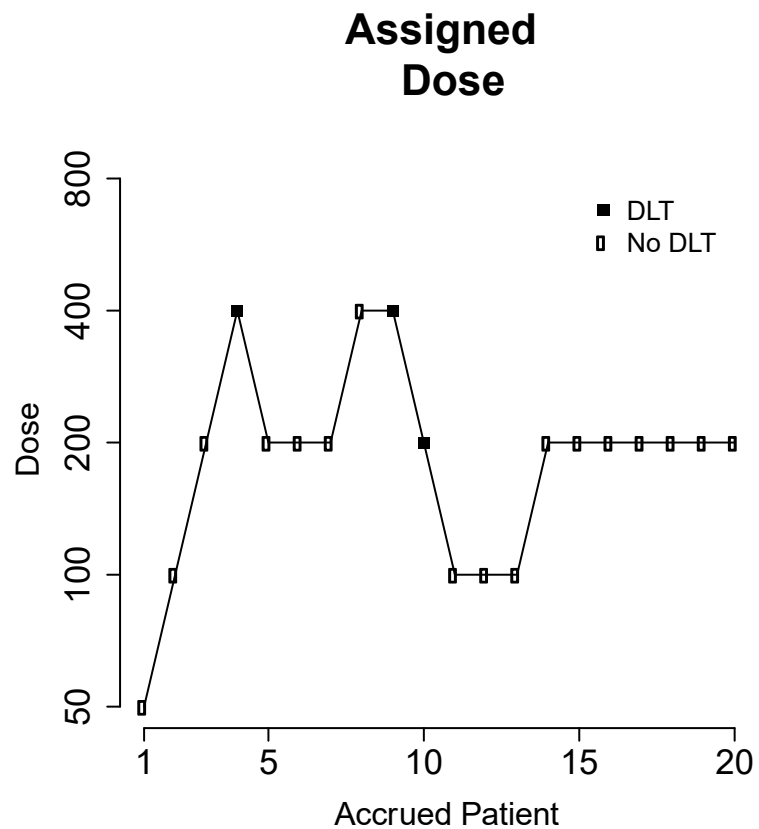
Assigned Dose



Posterior Probability First 16 Patients



Posterior Probability Rules



Portfolio selection and regulatory approval



MSK EDD led programs that pave the way for the tumor-agnostic regulatory approval of several drugs



Tumor agnostic drug approvals

Pembrolizumab MSI-H/dMMR 2017

Larotrectinib *NTRK* fusion 2019

(MSK IRB #15-183)

Entrectinib *NTRK* fusion 2019

(MSK IRB #16-026)

Pembrolizumab TMB-H 2020

Dostarlimab dMMR 2021

Dabrafenib Trametinib BRAF^{V600E} 2022

Selpercatinib *RET* fusion 2022

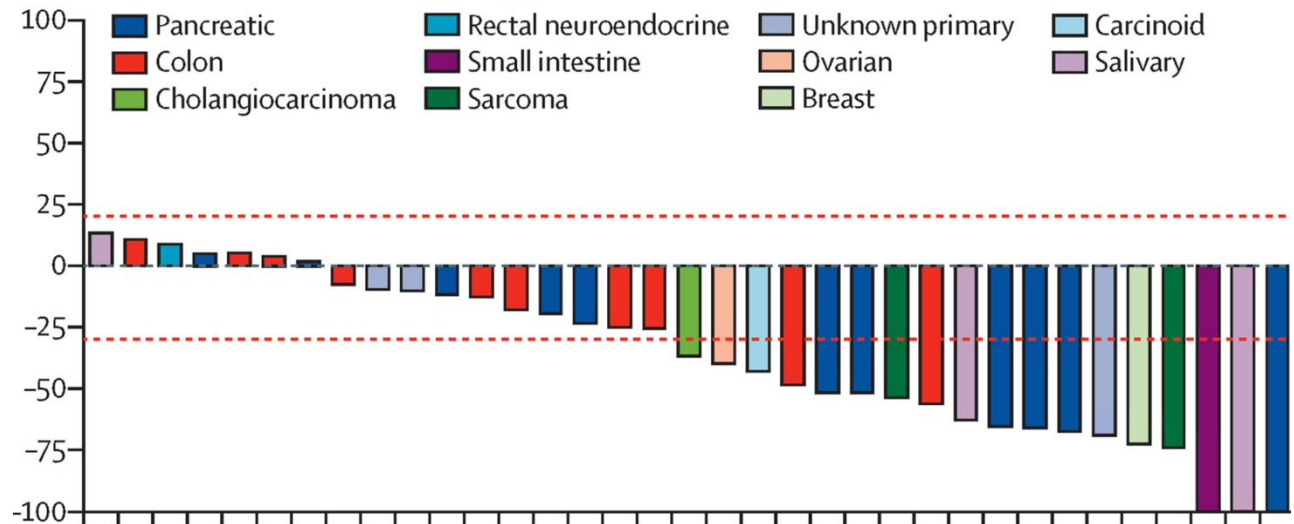
(MSK IRB #17-256)

Repotrectinib *NTRK* fusion 2024

(MSK IRB #17-084)

Trastuzumab deruxtecan HER2+ 2024

Phase 1/2 basket trial of selpercatinib (LIBRETTO-001) for any cancer with a *RET* fusion



Multiple studies in the EDD continue to invest in the “basket trial” approach to patient accrual.

Concluding remarks

There is no boilerplate design that can address all the clinical objectives

The research questions being addressed, and the hierarchy of importance would determine the optimal design

Each trial has unique elements based on preclinical, clinical and emerging data; patient population and available treatments

What information do we want to get?

How can we maximize the information?

Limited resources for rare cancers:

[Cancer Discov.](#) 2024 Jun 3;14(6):909-914. doi: 10.1158/2159-8290.CD-24-0368.

Optimus-Era Dose Finding for Rare Cancers

[Yonina R Murciano-Goroff](#)¹, [Sean M Devlin](#)¹, [Alexia Iasonos](#)¹, [Alexander Drilon](#)^{1 2}

Concluding remarks

Available and well established, studied tools exist and can be used (or modified) to address challenges posed by new therapies

Randomization is an established tool

Adaptive, model-based designs provide

solutions to the current clinical challenges

Sequential designs Probabilistic estimates of
the correct answer



Small, dose escalation phase I designs still
have an important role

SPECIAL SERIES: STATISTICS IN ONCOLOGY

review articles

Early-Phase Oncology Trials: Why So Many Designs?

Matthieu Clertant, PhD¹

abstract

The past 30 years have seen a considerable effort on the part of statisticians to improve the of early-phase oncology trials. Some of this effort has been rewarded via successful imp trials, yet it would be fair to say that among clinicians, there remains some reluctance t efficient model-based approaches. One reason for such reticence is the difficulty in under is being offered by more modern designs. Although it is generally accepted that the improvements over the old standard 3 + 3 design, a new question has then to be addre decide among the new proposals which one is the best for our purpose? In this study, we are currently proposed and in use. We show that among these 15 designs, many are c These 15 designs reduce to three broad classes of designs. This review helps summariz differences and highlights that certain designs require ad hoc modifications to ensure sati

EXTRA MATERIAL

Ongoing research

Address FDA project OPTIMUS requirements:

less is more

Cancer is a long term, chronic disease

Patients need to maintain QoL, work, deal with financial toxicity

New treatment types (immune, cell, targeted based) – long term use and less toxic

Patient tolerability PRO / QoL;

Patient choice; patient's tolerance – pediatrics application - consortia paper Julia Glade Bender et al 2023

Design calibration – causal inference in Phase I trials

Address Industry protocols (research team)

- Hakim Dehbi, Backfill/amplification, University College of London
- Matthieu Clertant, Sorbonne, (calibration of various designs, heterogeneity)
- John O'Quigley, randomized Phase I trials, expansion / backfill cohorts



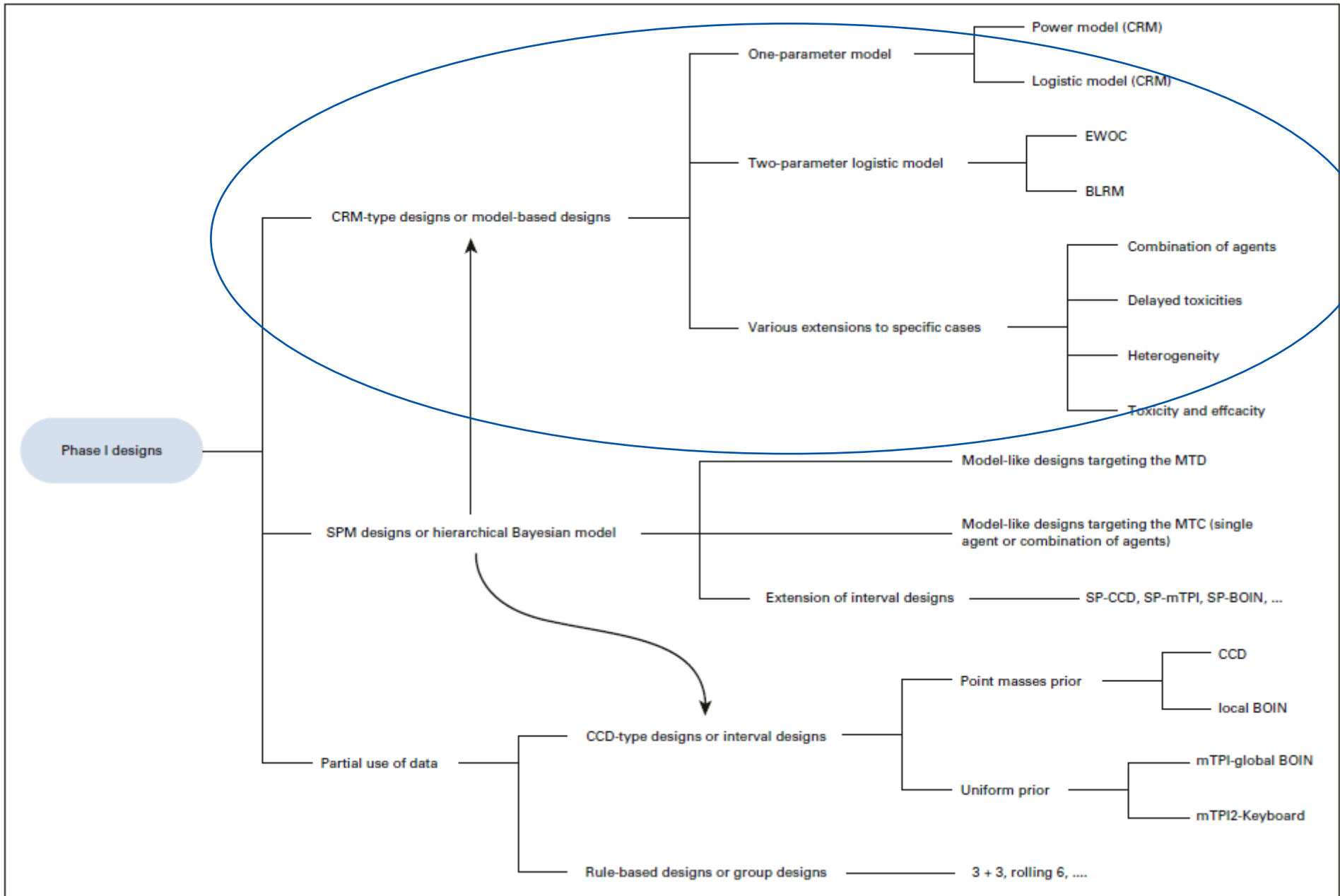
Rare patient population

In rare patient populations, a long-term drug development process that studies the drug in distinct phases of three clinical trials including a comparative follow-up study might not be feasible.

Thus, results from early phase trials, in terms of dose, treatment schedule and patient population, will inform registrational studies.

Although the sequential entry of patients eliminates some biases, randomisation will enhance our chances of avoiding imbalances in patients from specific categories being treated at particular doses or schedules.

Eliminating the chance of patients receiving an ineffective or unsafe dose



model

Interval